

February Newsletter

Victoria House Care Home

Monthly visits to the Tearoom

We are very pleased to announce that we are starting monthly outings to the Little Tearoom just up the road from the home for tea/coffee and cake. This is booked for 20 people each month and if you would like to come with us please just let us know. The first outing is on 14th march at 11 am.

We are working on a special project organizing a wish for each resident within the home. This is something that is very special to the individual and can be anything which is manageable. There are lots of wishes still to be made and we will be working on this for the next few months.

Cathy's Wish

Cathy wanted to go on a trip down memory lane about her childhood in Glasgow. We managed to find a book of pictures of old Glasgow and Cathy spent a happy afternoon going through these pictures with lots of tears and laughter.



Introduction



Welcome to our first newsletter from Victoria House Care Home. There are lots of new and exciting things happening within the home and we are very keen for families, residents and friends to be involved. I am the new Activities Coordinator and I am responsible for making sure everybody staying with us is as involved in as many different social and meaningful activities as they want to be. Thank you everyone for the warm welcome I have received since arriving within the home. I am hoping to meet with all residents families so we can ensure we are offering the right activities for your family member and I will be present at the next family forum on 10th March.

If you have any questions or wish to discuss anything please come and find me or ask for an appointment.

Trip to Celtic Park

Brian's wish was to go to Celtic Park to watch his beloved Celtic and have a really special day out. We managed to organise an amazing day for him with a 4 course meal at the Stadium and a really special seat.



Brian really enjoyed his day out, especially as Celtic beat Hamilton 2-0!!!



Exercise Classes

We have started exercise classes twice a week, one a movement class to music and the other a game like skittles or ball games. The balloon game has definitely been the most popular so far and we are planning a staff v resident's match soon!



Dates for your diary

14TH March 11am trip to Little Tearoom

13th April 1-3pm Nursey Visit and Easter bonnet competition

5th August 1.30-4pm Summer Fayre

Walking Group

We have also started a walking group once a week on a Wednesday morning. Hopefully more residents will get involved as the weather warms up a bit.



Meaningful Activities

Some of our residents prefer to get involved with the day to day running of the home and we have started getting more residents involved in these tasks as they want to.

